

money tending :: menu

EARLY BETA

groundwork	plants	tending	harvesting
<p>the foundation, what nourishes all our efforts</p> <p><i>attitudes, identity, stories, definitions, beliefs</i></p>	<p>how we earn the money</p> <p><i>our choices for time, efforts, priorities, obligations</i></p>	<p>how we take care of our efforts and the money</p> <p><i>monitoring, adjusting as needed, routing, giving attention to, appreciating</i></p>	<p>how we utilize the money</p> <p><i>to survive and thrive, live our values</i></p>
<p>explore and reframe:</p> <ul style="list-style-type: none"> <i>definition of money</i> <i>lessons as a child</i> <i>people with money / no money</i> <i>scarcity v. enough v. abundance</i> <i>attitudes</i> <i>self-talk with money</i> <i>speech patterns</i> <i>my ability to do taxes</i> <i>stories around taxes</i> <p>read about money</p> <p>find role models</p> <p>talk/ask about it</p> <p>define now point of view</p> <p>be in the flow</p> <p>feng shui or crystals</p> <p>listen to podcasts</p> <p>join a newsletter</p> <p>talk to therapist, get a coach</p>	<ul style="list-style-type: none"> services - paid work - unpaid mix of work types of clients specialty assess - job description work math weeks per year hours per week (build in time for non-billable) habits in place build in buffer for cancelations/sick days price list / fee schedule additional fees define as part of job description raise 1x per year 	<ul style="list-style-type: none"> monitor bank accounts pay bills - in a way that's easy and feels good get tools that you enjoy set up accounts to make tending easier <i>biz checking</i> <i>biz savings for taxes</i> <i>personal account</i> <i>house accounts</i> tax fundamentals work time on calendar method for taxes <i>set up income tracking</i> <i>set up expense tracking</i> <i>due dates on calendar</i> big picture check-ins <i>review numbers, make changes if needed</i> 	<ul style="list-style-type: none"> know your paycheck needs make list of bills know your regular needs to thrive what are some big desires? Cost? values - list, how can money support? savings accounts for goals retirement investments charitable giving travel be in the flow